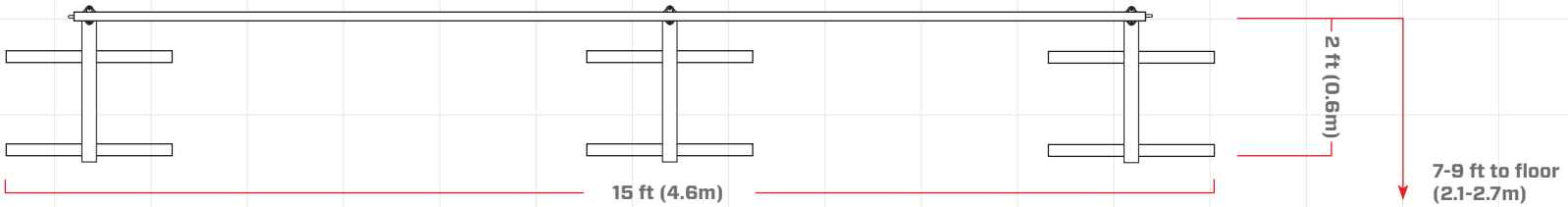
TRX Training Zone

Multimount™-14’

Recommended number of users: 5-6

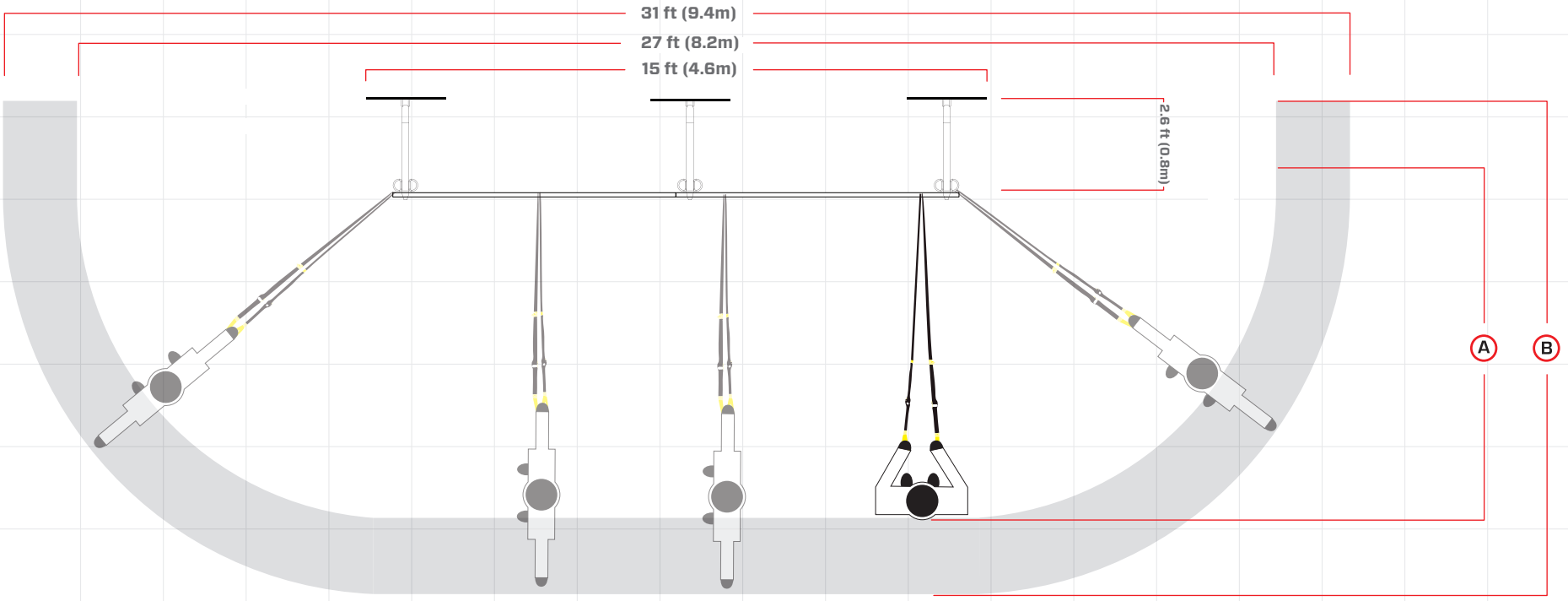
Wall Space

	Length	Height	Surface
Required space	15 ft (4.6m)	2 ft (0.6m)	30 sq. ft (2.8m²)



Floor Space

	Length	Width	Surface
(A) Minimum required active surface	27 ft (8.2m)	11.5 ft (3.5m)	310 sq. ft (28.8m²)
(B) Optimal active surface	31 ft (9.4m)	13.5 ft (4.1m)	418 sq. ft (35.6m²)



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